

HEALTH AND WELLNESS COACHING, POST-BACCALAUREATE CERTIFICATE

The Post-Baccalaureate Certificate in Health and Wellness Coaching prepares students for effective professional practice. The educational hours and trainings prepare students for eligibility to apply for a national certifying exam to become a certified health and wellness coach.

For information regarding deadlines and requirements for admission, please see <https://grs.uncg.edu/programs/>.

Certificate Program Requirements

Required: 9 credit hours

Students complete at least 9 credits during a two-year period of time to earn the certificate, but can be sequenced for completion in two semesters (Fall/Spring). Academic credit generated in the certificate program may be used to meet requirements in another graduate degree program in accordance with the policies of The Graduate School. Students in the certificate program will be required to complete a minimum of three core courses to meet our educational and field experience.

Code	Title	Credit Hours
Core Courses (9 credits)		
HEA 629	Motivational Interviewing: Promoting Individual and Community Health Through Effective Communication	3
HEA 630	Foundations of Health Coaching	3
HEA 725	Advanced Community Health Projects	3
Total Credit Hours		9