

HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S.

The Human Development and Family Studies, B.S. major is available in a **traditional as well as an online format.**

Overall Requirements

- 120 credit hours, to include at least 36 credits at or above the 300 course level.

Degree Program Requirements

Code	Title	Credit Hours
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University Requirements (<https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/undergraduate-degrees-and-degree-requirements/>)

General Education Requirements - Minerva's Academic Curriculum (MAC) (<https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/general-education-program/>)

Major Requirements

Code	Title	Credit Hours
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Required 45

HDF 101	Foundations for Success in Human Development & Family Studies	
HDF 111	Human Development Across the Life Span	
HDF 112	Families and Close Relationships	
HDF 202	Infant and Child Development	
HDF 203	Adolescent Development: From Puberty to Young Adulthood	
HDF 204	Adult Development	
HDF 221	Issues in Parenting	
HDF 330	Family Diversity	
HDF 375	Research Methods in Human Development and Family Studies	
HDF 377	Professional Development in HDFS	
HDF 390	Families and Children in Global Perspective	
HDF 464	Advanced Family and Developmental Studies Seminar	
HDF 499	Supervised Professional Experience *	
<i>Select one of the following:</i>		
HDF 445	Current Family Theory and Research	
HDF 455	Current Developmental Theory and Research	

* HDF 499 is taken for 6 credits.

Code	Title	Credit Hours
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Related Area Requirements 12

NTR 213	Introductory Nutrition	
PSY 121	General Psychology	
SOC 101	Introduction to Sociology	

STA 108	Elementary Introduction to Probability and Statistics	
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Select eight courses of the following: * 24

<i>Group A **</i>		
ADS 205	Introduction to African American and African Diaspora Studies	
ADS 210	Blacks in American Society: Social, Economic, and Political Perspectives	
ADS 260	Understanding Race	
ADS 325	Black Women in the U.S.	
ATY 100	Modern Cultural Diversity	
ATY 113	Engaging Culture	
ATY 230	Cultures of Native North America	
ATY 231	Race and Human Diversity	
ATY 235	Cultures of Africa	
ATY 312	The Anthropology of Children	
ATY 333	Latin American Societies and Cultures	
ATY 385	Language and Culture	
BLS 385	American Motherhood	
BLS 386	Women, War, and Terror	
CST 421	African American Culture and Identity	
CTR 214	Inclusive Recreation	
CTR 235	Disabling Conditions and Recreational Therapy	
CTR 241	Introduction to Recreation and Sport	
ECO 100	Economics of a Global Sustainable Society	
HEA 307	Global Health	
HEA 350	Race, Ethnicity, and Health	
HEA 433	Gender and Health	
or NUR 330	Global Perspectives on the Health of Women	
HEA 447	Income, Social Status, and Health	
HEA 471	Immigrant and Refugee Health	
HED 221	Black Men Leadership	
IGS 200	Introduction to International and Global Studies	
NUR 390	Culture and Health Care	
PCS 309	Conflict and Culture	
PCS 479	Gender and Peacebuilding	
PSC 336	Women and the Law	
PSY 346	The Psychology of Gender	
PSY 370	Ethnicity, Development, and Psychopathology	
PSY 390	Health Psychology and Culture	
REL 112	Spirituality, Health, and Wellness	
REL 234		
SES 200	People with Disabilities in American Society	
SES 242	Introduction to Exceptional Children: Early Years	
SES 375	Home-School Partnerships for Students with Exceptional Needs	
SOC 202	Social Problems in Global Context	
SOC 225	Race, Class, and Gender: Social Inequalities	
SOC 327	Race and Ethnic Relations	
SOC 329	Sociological Perspectives on Gender	
SOC 364	African American Social Thought	
SOC 371	Race, Ethnicity, and Migration in a Global Context	
SOC 426	Comparative Minority Relations	

SWK 479	Gender and Peacebuilding
WGS 150	Gender, Race, and Sexuality
WGS 250	An Introduction to Women's, Gender and Sexuality Studies
WGS 270	Introduction to LGBTQI Studies
WGS 280	Women's Health and Bodies
WGS 311	Gender and Violence
WGS 329	Sociological Perspectives on Gender
WGS 419	Gender, Crime, and Deviance
<i>Group B</i> ¹	
CED 101	Mental Health Literacy and Wellbeing
CED 310	Helping Skills
CED 274	Stress Management
CED 392	Love, Sex, and Relationships: Skills for Building Satisfying, Healthy Relationships
CST 200	Communication and Community
CST 207	Interpersonal Communication
CST 310	Communicating Ethically
CST 337	Intercultural Communication
CST 341	Communication and Workplace Relationships
CST 344	Conflict Communication
CST 350	Small Group and Team Communication
CST 415	Family Communication
CST 417	Communication and Friendship
GRO 201	Introduction to Gerontology: Thinking about Aging
GRO 444	Baby Boomers
HEA 201	Personal Health
HEA 202	Introduction to Peer Health Education
HEA 203	Peer Health Education: Selected Topics
HEA 260	Human Sexuality
HEA 310	Mental Health and Well-Being
HEA 331	Alcohol, Tobacco, and Other Drugs
HEA 450	Current Health Problems
HEA 470	Adolescent Health
HDF 201	Development of School-Age Children
HDF 401	Special Problems in Human Development and Family Studies ²
PSC 210	Introduction to Health Policies
PCS 218	Introduction to Mediation and Facilitation Practices
PCS 308	Working through Interpersonal Conflicts
PSY 240	Principles of Learning
PSY 260	Psychological Perspectives on Social Psychology
PSY 275	Introduction to Clinical Psychology
PSY 280	Cognitive Psychology
PSY 341	Adult Psychopathology
PSY 361	Theories of Personality
PSY 375	Psychology of Aging
PSY 385	IQ and Intelligence
SES 240	Communication Development in Children
SES 242	Introduction to Exceptional Children: Early Years
SOC 201	Social Problems
SOC 222	Sociology of Deviant Behavior

SOC 323	Deviance and Social Control
SOC 324	Criminology
SOC 338	Sex and Society
SOC 350	Juvenile Delinquency
SOC 377	Disaster, Self, and Society
SOC 420	Family Violence
SOC 425	Contemporary Gangs in America
SWK 454	Mental Health Social Work
SWK 470	Social Services for the Aging
SWK 484	Social Services for Children

* Four courses (12 credits) must be from Group A—International and Family and/or Developmental-Focused or Diversity Focused Courses. The other four courses (12 credits) may be from Group A, Group B, or a mix of the two.

** Study Abroad course work for 3 credits or 6 credits may also apply.

¹ Foreign Language for three 3 credits or 6 credits may also apply.

² Course may apply when taken for three 3 or 6 credits.

Electives

Electives should be sufficient to complete the 120 credit hours required for the degree. No more than one third may be Health and Human Sciences (CSD, CTR, HDF, HEA, KIN, NTR, or SWK) courses.

Disciplinary Honors in Human Development and Family Studies

Requirements

- A minimum of 12 credit hours as defined below.
- UNC Greensboro cumulative GPA of 3.70 or better or, for transfer students, cumulative GPA of 3.70 or better from all prior institutions.
- HDF 401 must be completed as Honors course work.
- Honors course work in the major may be completed at the 200, 300, or 400 level.
- 3 credits of Honors course work must be successfully completed prior to enrollment in HDF 401 as Honors course work.

Code	Title	Credit Hours
Required*		6
HDF 401	Special Problems in Human Development and Family Studies	
HDF 490	HDFS Senior Honors Project	
3 credits of Honors course work in the major		3
3 credits of Honors course work in the major or another area		3

* HDF 401 and HDF 490 are typically completed under the supervision of the same faculty member. HDF 401 must be completed in the semester immediately preceding HDF 490. Enrollment in HDF 401 for qualified students will involve completion of directed study and/or research under faculty supervision and will culminate in a written proposal for and enrollment in HDF 490.

Recognition

Receive a Certificate of Disciplinary Honors in Human Development and Family Studies; have that accomplishment, along with the title of the Senior Honors Project, noted on the official transcript; and be recognized at a banquet held at the end of the spring semester.

Honors Advisor

Contact Sudha Shreeniwas at s_shreen@uncg.edu for further information and guidance about Honors in Human Development and Family Studies.

To apply: <https://honorscollege.uncg.edu/lloyd-international-honors-college/academics/admissions-scholarships/disciplinary-honors-admissions/>.